



Why Club Volleyball for College Recruiting?

Almost all NCAA players are recruited out of club volleyball. College coaches can attend club volleyball tournaments (mostly national & large regional events) and see hundreds of players to evaluate at one time. Rarely does a college coach come to a high school match for recruiting, remember that their season is at the same time as yours.

Volleyball is a very technical sport, and it requires a lot of practice to master the skills needed to be successful. Club volleyball gives you the opportunity to work on your skills all year long. By increasing the number of touches you have on the ball, you will gain better ball control, which leads to more consistency, which will give you more self-confidence.

Club volleyball in Ohio is broken down into 3 levels: Regional, American and National. You should have an understanding of the different levels before attending try-outs. Below is a brief description of each.

Regional Teams – *A Regional team will be the least expensive option because teams travel to tournaments that are close to home and practice only one or two times per week. An emphasis is put on improving skills to be better when returning to your local school program.*

American Teams – *American teams will be slightly more expensive and will travel to local tournaments plus one or two large tournaments. Practices will be two to three times per week, and more emphasis will be placed on the development of skills. This option is good for the player who wants to develop their volleyball skills but is unsure if playing volleyball in college is their ultimate goal.*

National Teams – *National teams will be the most expensive club option as players travel to numerous national tournaments in several states. Practices will be 3 times per week, and tend to be very structured and intense. The focus is learning to compete at the next level with the goal of playing college volleyball.*

You should try to play at the level that gives you the best chance of meeting your goals. If receiving a college scholarship is your goal, then playing on a National Team will give you the maximum exposure in front of college coaches.